

## Unit 17 – Sports Injuries a3

There are various types of Chronic injuries.

### Chronic Injuries

- Tennis elbow
- Golfer's elbow
- Shin splints
- Stress fractures
- Tendonitis

Sign = something that you or another can see or what you feel/ hear

Symptoms = something that you feel and not outwardly visible to others

1. What are the signs of all of these injuries
2. What are the symptoms of all of these injuries?

There are various types of Acute injuries.

- Sprains and strains
- Broken bones
- Dislocations
- Torn ligaments

1. What are the signs of all of these injuries?
2. What are the symptoms of all of these injuries?

- Make a table to present the information.

Injury and definition	Signs	Symptoms
Broken Bones		

Do this for both chronic and acute injuries.