



PSHE Policy

Policy Review

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1 Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

- Be accurate and factual;
- Cover a comprehensive range of information about sex, relationships, the law and sexual health;
- Be positively inclusive in terms of gender, sexual orientation, disability, ethnicity, culture, age, religion or belief or other life-experiences;
- Include the development of skills to support healthy and safe relationships and ensure good communication about these issues;
- Promote a critical awareness of the different attitudes and views on sex and relationships within society such as peer norms and those portrayed in the media;
- Provide opportunities for reflection in order to nurture personal values based on mutual respect and care
- Be part of lifelong learning;
- Ensure children and young people are clearly informed of their rights such as how they can access confidential advice and health services within the boundaries of safeguarding;
- Be delivered by competent and confident educators;
- Be provided within a learning environment which is safe for the children, young people and adults involved and based on the principle that prejudice, discrimination and bullying are harmful and unacceptable

2 Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

3 Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our RSE policy for details about what we teach, and how we decide on what to teach, in this subject. This can be found on our policy page on the schools website.

For other aspects of PSHE, including health education, see the attached curriculum map for more details about what we teach in each year/Key Stage.

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Y9	Essential life skills	Self care	Sex, the law & consent	Health & Relationships	Contraception & STIs	Combatting extremism and terrorism
Y10	Being a global citizen	Personal safety & Healthy relationships	British Values, Rights & Responsibilities	Health & Wellbeing	Life Beyond School	Career Skills
Y11	Life beyond school	Staying safe	Sexual Health	Health and Wellbeing- Coping with exam stress	Exam and Revision Prep	Revision

3.2 How we teach it

- PSHE is taught fortnightly- 1 hour per class (9-11) per term.
- PSHE is also embedded into tutor time- 1x 15 minute slot every other week.

Teachers delivering PSHE are as follows:

- Miss McPherson- Curriculum lead for PSHE and RPE
- Mr McCarthy- Class teacher
- Ms Mylan- Class teacher
- Mrs Hazell- Class teacher
- Ms Franklin- Class teacher
- Mr Haines- Curriculum lead for Geography
- Mr Hampson- Curriculum lead for Music
- Mr Randall- Curriculum lead for Sociology
- Mrs Windsor- Deputy Head
- Mr M Jones- Class teacher
- Mr May- Class teacher
- Ms Harper- Class teacher
- Ms Day- Class teacher
- PSHE is taught in an inclusive way so all pupils can access it, class teachers will assess and amend resources according to their classes need, CL¹- Miss McPherson will support in teachers creating these that feel unsure. PSHE will also be embedded on a fortnightly basis in our alternative provision centres; Aspire, The Hub, The Base.
- How you will approach controversial topics or difficult questions from pupils, such as by ensuring teachers don't let their personal beliefs and attitudes influence teaching PSHE training will be available for all teachers that are ensure, CPD² on controversial topics has also been offered and continues to be offered here at FCC. CL is always available to give extra training to any staff who feels they need extra support, all staff teaching PSHE/RPE will be required to read the policy's which explicitly contain the guidance regarding personal beliefs and attitude. Any issues will be directed to the CL and passed on to the deputy head if necessary.
- All resources have been created by the CL and Mr McCarthy- any teachers who are absent and have PSHE on their day of absence have two options: they can set work from the cover folder which contains a collect of premade cover resources by the CL and Mr McCarthy. Alternatively, teachers cover using the 'Explore PSHE; KS4 Student book'- Hodder education provided.
- There are no academic assessments in PSHE, however at the end of each full-term pupils are required to fill out a self-reflection sheet, looking back at the previous term and giving a RAG rating.
- Pupil progress will be monitored on an individual basis, and interventions will be made in discussion with CL. There will also chances for pupil progress to be discussed at certain pupil progress evenings.

¹ Curriculum Lead

² Continued Personal Development

4 Roles and responsibilities

4.1 The governing board

The governing board will approve the PSHE policy and hold the headteacher to account for its implementation.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5 Monitoring arrangements

The delivery of PSHE is monitored by Miss McPherson- Curriculum Lead for PSHE & RPE through:

- Regular meetings with all staff teaching RSE.
- Termly book looks.
- Observations as per the colleges observation policy.
- Pupils' development in PSHE is monitored by class teachers as part of our internal self-assessment systems.

This policy will be reviewed by Miss McPherson- Curriculum Lead for PSHE and RPE, Annually. It is important to note that there are no requirements about how often you review and approve PSHE policies.

6 Links with other policies

This policy links to the following policies and procedures:

RSE Policy- Frome College- 2023-24