

10th June 2024

Dear Parents, Carers and Students,

Well done to all students who have taken exams so far this season, a quick reminder that everyone needs ID to enter the exam halls; please go to student services if lanyards have been mislaid. Student voice around exams has suggested that year 11 feel more comfortable in non-uniform when taking their finals. Therefore, students in Year 11 may wear their own clothing from this point onwards as long as the 6th form dress code is followed- this can be found on our website.

SEND drop in:

Parents of children linked to the Hub are invited to our informal termly drop in on Thursday 13th June from 3.30pm onwards. If you would like to attend, please email fccsenco@fromecollege.org so that we have an idea of who to expect.

Frome Bike Project:

On Thursday 27th June Frome Bike Project will be setting up a stall in College to run their 'Dr Bike' and 'Active Travel.' Below is an outline of their offer:

Cycle to school and get a free bike safety check with our mechanic, Dr Bike. Small repairs and adjustments are included where possible but if further work is required this will be highlighted and discussed so future repairs can be arranged.

We'll also have an active travel information stall where you can ask us any questions about cycling whether you're interested in planning a route to school, or want to ride for leisure or thinking of starting to cycle for the first time. This is an opportunity to explore information on local routes, maps and groups and a space to ask us anything active travel related! Wherever you are on your active travel journey we can help to answer your questions, share advice and signpost to useful links.

Special thanks to Frome Town Council for part funding the initiative. We only have space for 15-20 bikes so please email tpavli@fromecollege.org to secure a spot. It will be first come first served. Bikes can be dropped off by the bike lock up (top car park) 0815 – 0845 and once fixed they will be placed in the lock up and are to be collected at 1515.

Outdoor Swimming:

We have seen an increasing number of students attending first aid after becoming unwell following river swimming locally. With the good weather hopefully increasing over the coming weeks, please read the attached information to reduce the risks of infection or injury.

<https://www.gov.uk/government/publications/swim-healthy-leaflet/swim-healthy>

Study Support:

Runs every Monday and Tuesday in the Learning Hub from 3.15 - 4.15. There will be a member of staff there to support your child with accessing and completing homework. There are computers available and access to other resources to support your child. If your child struggles with organising their work; this is also an ideal time to do this.

Please email fccsenco@fromecollege.org if your child is intending on coming so that we know who to expect.



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Emma Reynolds

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I have also attached information about four events on offer locally,

Thank you for your continued support.

Yours sincerely,



Emma Reynolds
Principal

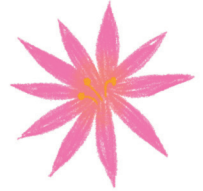
Attachments:

Limbo Film 18 June
Refugee Week Film Shorts 20 June
Family Fun Day 23 June
Parenting Café Frome





Refugee Week



Limbo

Dir: Ben Sharrock (2021)

Tues 18th June

Frome Town Hall

Doors/bar opens: 6.30pm

Screening 7.30pm

A young Syrian musician and other refugees await the answers to their requests for asylum on a remote Scottish island.

bit.ly/limbo-refugee-week



OUR
HOME



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Invitation to free Parenting Cafe: Top Tips for successful coparenting for separated parents

Dear Parents,

I'm writing to invite you to a new Parenting Cafe we have organised to support separated parents.

Having a straightforward co-parenting relationship with your ex-partner can be fraught with difficulties. This is where we can help.

The Cafes are relaxed and informal – they are an opportunity for you to chat to other parents about how to successfully navigate coparenting challenges.

Whether you are newly separated or have been separated and co-parenting for a while, this Cafe is designed to give you practical tips on dealing with the challenges, putting the well-being of your children at the centre.

Ruth James, will be running the Cafe and will share top tips and advice to help you:

1. Develop a successful co-parenting relationship and reduce conflict.
2. Understand how you can stay connected with your children and support them with smooth handovers and transitions.
3. Find out more about practical tools to reduce conflict in co-parenting communications.
4. How to manage different styles of parenting in different homes.

There will also be an opportunity for you to ask any questions you may have.

This is what a couple of parent said about a Cafe:

"Worth going to. Feels supportive." And "Safe space to talk, no judgements."

The Cafe has been organised by Melody Hunter Evans, Children and Young People's Project Officer, Frome Town Council and will be run by Ruth James, the Reducing Parental Conflict Coordinator at Somerset Council. Ruth has many years' experience of working with parents and is now working with parents to reduce parental conflict.

To book your place, please go to:

5 June	9:30 AM-11:30 AM	Frome Town Hall	https://www.eventbrite.co.uk/e/872370783497?aff=oddtcreator
25 June	6 PM-8 PM	Frome Town Hall	https://www.eventbrite.co.uk/e/872367313117?aff=oddtcreator

Places are limited so please book early to guarantee your place.

We look forward to meeting you.

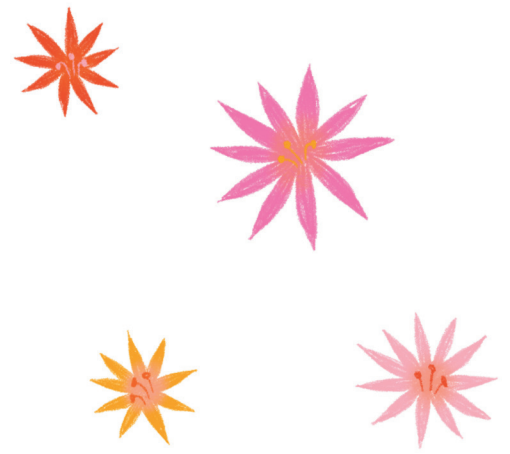
Melody and Ruth

For more information about relationship support for parents please go to:

[Somerset children & young people : Health & Wellbeing : Somerset Parents And Carers
Managing Relationship Conflict \(cypsomersethealth.org\)](http://cypsomersethealth.org)



Refugee Week



Film shorts

Thurs 20th June

4pm to 6pm

Frome Town Hall

Showing:



Hamsa



25 days of my life



DAD



Home



Ali's journey from Afghanistan

followed by a discussion and refreshments

Free - suggested donation £5 per family

bit.ly/film-short-refugee-wk



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