

GCSE CURRICULUM and ASSESSMENT OVERVIEW

SUBJECT: GCSE PE

Responsibility: Mrs Sytko

	Term1	Term 2	Term 3	Term 4	Term 5	Term 6	Summer Holiday
Year 9	Components of fitness	Fitness testing and data analysis	Principles of training Training methods	Effects of exercise Prevention of injury	Practice components of fitness coursework	Health, well being Nutrition	Research gamesmanship
Literacy/numeracy	VCOP	VCOP/ data analysis	VCOP	VCOP	VCOP	VCOP	
Assessments	Exam questions based on topic	Exam questions based on topic	Examination based on terms 1-3 work	Exam questions based on topic	Practice coursework	End of year examination on all previous work	
Year 10	Ethical and socio-cultural issues in physical activity	Sports psychology	The structure and function of the skeleton system	The structure and function of the muscular system	Movement analysis	Coursework completion	Research perfect models of skills in chosen sport for coursework
Literacy/numeracy	VCOP/ data analysis	VCOP	VCOP	VCOP	VCOP	VCOP	
Assessment	Exam questions based on topic	Examination based on terms 1-2 work	Exam questions based on topic	Exam questions based on topic	Examination based on terms 3-5	Coursework practice	
Year 11	Analysing coursework	The cardiovascular system The respiratory system	Long Term and Short term effects of exercise	Engagement patters of different social groups Commercialisation	Revision		
Literacy/numeracy	VCOP	VCOP/ Calculations	VCOP	VCOP/ data analysis	VCOP	VCOP	
Assessment	Coursework assessment	Mock examination of all previous learning	Exam questions based on topic	Previous examination papers	Previous examination papers		

